

The Princeton Review's Solutions for Schools

Increase Graduation Rates, Reduce Dropout Rates. Student Success Begins Freshman Year.

The Princeton Review's Up Next™ Program Prepares Students to Succeed

Up Next helps students master the skills they need not only to succeed in high school and in college but also to exceed their own expectations. Our engaging instructor-led workshops feature eight hours of instruction per topic, including:

- Face-to-face workshops that instill confidence and help students take ownership of their experience
- Personalized hands-on instruction for all students
- Practical tips and strategies taught with an inspiring and motivating approach
- Topics that will help students succeed in high school, in college and beyond

Up Next Workshop Modules:

- Great Expectations
- Making the Grade
- Cultivating Your Community
- Speaking Up
- Critical Thinking
- Decision Making and Leadership

"Up Next taught me accountability for my own actions and to realize that I'm the one who needs to motivate myself."

—Kyle Maresh,
University of Houston
Class of 2015



**Get Ready.
Get In.
Stay In.
Graduate.**

What's Up Next?

Great Expectations

Identifying priorities and setting “SMART” goals are key to achieving success at home, work and school. This module serves as an orientation to the program, including key program components. Chapters 1 and 2 cover identifying priorities, setting goals, finding motivation, achieving dedication, providing ownership and accountability, and scheduling for success. Chapters 3 and 4 cover maintaining a positive attitude, problem solving, realigning goals when necessary and the power of habits.

Making the Grade

Ninth-grade students are often unprepared for the style and time requirements of high school assignments. This module helps students get to know their personal learning preferences in order to identify their best study techniques. It also helps students manage their time both inside and outside the classroom. Chapters 1 and 2 cover deconstructing typical assignments from their classes, creating plans and schedules for completing assignments, and mastering “Smartcuts” that help students be successful. Chapters 3 and 4 cover note-taking strategies, paper-writing strategies and exam-preparation techniques.

Cultivating Your Community

Students’ success is impacted by the people they associate with and the ways in which they spend their time. This module illustrates that communities are an important factor in student achievement and personal growth and includes lessons on creating good relationships with peers and adults. Chapters 1 and 2 cover finding communities, aligning communities to goals and priorities, identifying patterns of choice and engagement, and determining what to look for in a positive environment. Chapters 3 and 4 cover navigating social dynamics, balancing involvement, bridging the gap between communities and leveraging communities for future success.

Speaking Up

A student’s ability to communicate with peers and educators is an important component in academic success and developing relationships. This module helps students think about differences in communication strategies in their daily interactions and focuses on good oral and written communication. Chapters 1 and 2 cover individual communication preferences, techniques for dealing with stress, assertive communication techniques and active listening techniques. Chapters 3 and 4 cover dealing with bullying, navigating difficult conversations and awkward situations, practicing empathy while engaging with others, and understanding how communication styles change in digital communication.

Critical Thinking

Critical thinking skills are among the most important tools students have to achieve success. This module develops critical thinking skills via a case study approach in order to teach academic skills in a nonacademic context. Chapters 1 and 2 cover ownership of thinking, unpacking of assumptions, thinking outside the box and critical-thinking techniques. Chapters 3 and 4 cover using emotional intelligence, applying both critical thinking and emotional intelligence in classroom situations, and critically navigating relationships.

Decision Making and Leadership

Students entering high school are faced with numerous academic and nonacademic decisions that impact their long-term success. This module helps students reflect on choices rather than act on impulse by teaching skills related to all five elements of the decision-making process and explaining how to apply those skills in role-playing situations. Chapters 3 and 4 cover using emotional intelligence, applying both critical thinking and emotional intelligence in classroom situations and critically navigating relationships.

For more information and to enroll, email CollegeReadiness@Review.com or call **(877) 204-0183**.

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